Strengthening Early Years to Kindergarten Transitions Learning Community

Growing Capacity as a Compassionate Systems Leader

HUMAN EARLY LEARNING PARTNERSHIP

UBC

BC COMPASSIONATE SYSTEMS LEADERSHIP NETWORK

BRITISH COLUMBIA | Ministry of Education and Child Care

Naming to help with breakouts

If you are with a larger group of people in a meeting room……..

SD# SD name - TEAM

If you are joining the call with a colleague…..
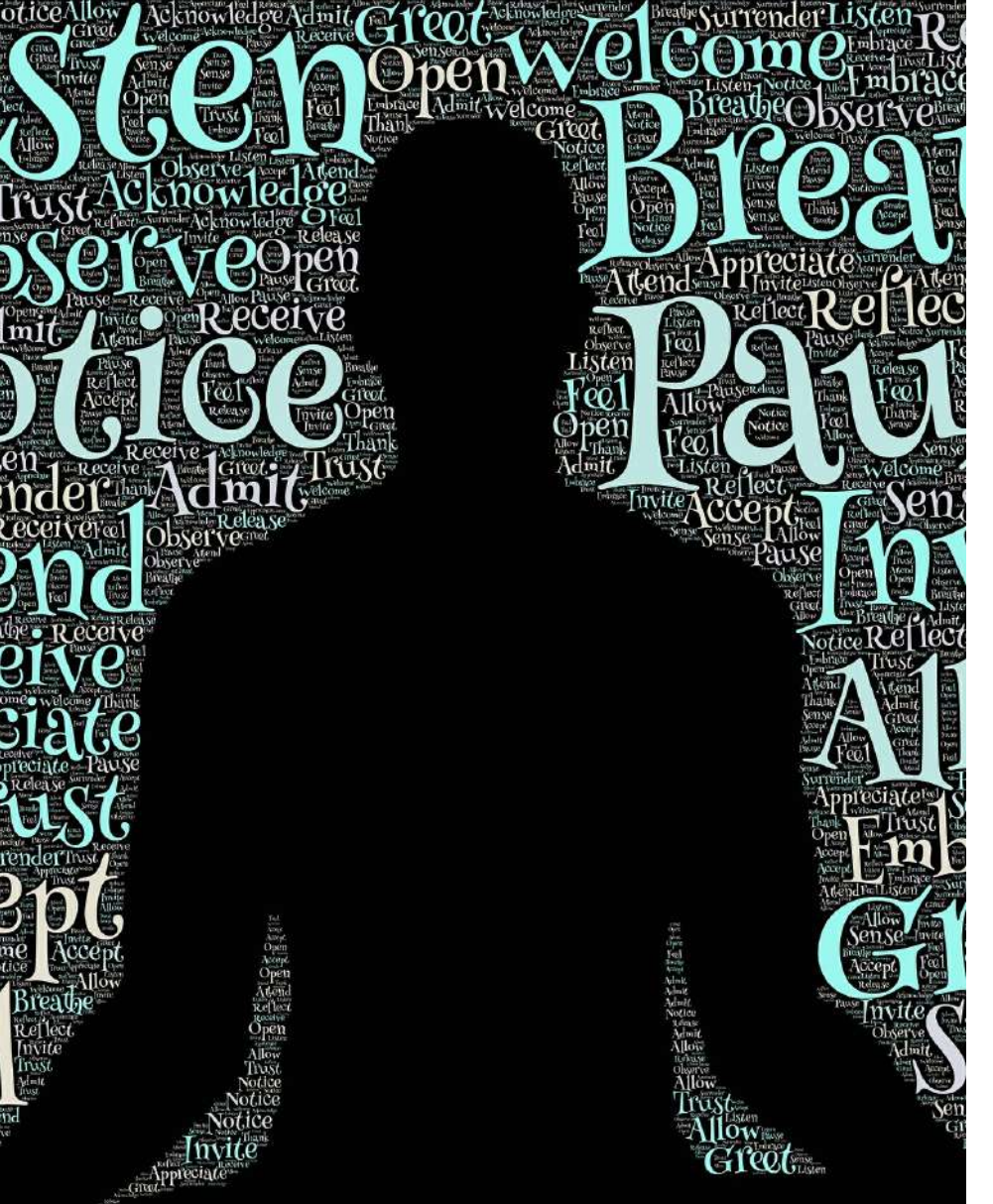
SD# SD name – *your names*

If you joining the call from a laptop from home or your office by yourself…….
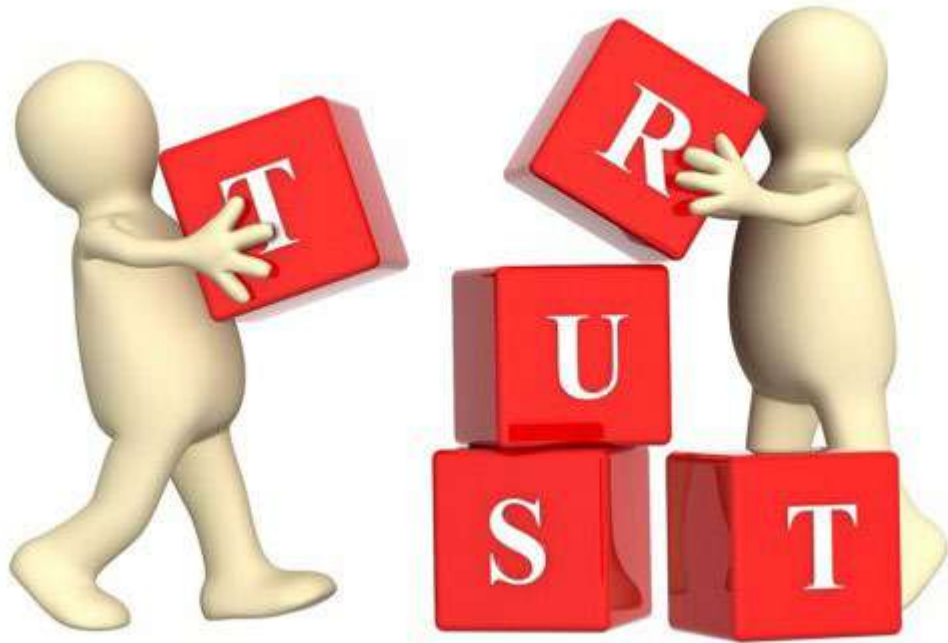
SD# SD name – *your name*

GROUNDING AND CHECK IN – WHY IS IT IMPORTANT?

- Practice of self-reflection

- Facilitates emotional settling and regulation

- Supports the creation of a generative & compassionate social field

- Increases readiness to be together & builds community

Creating a container of trust, compassion, respect and honesty with your SEY2K team

Capacity Building
What capacities need to be built for yourself and your team(s)?

Practice
What practices need to be implemented for yourself and your team(s)?
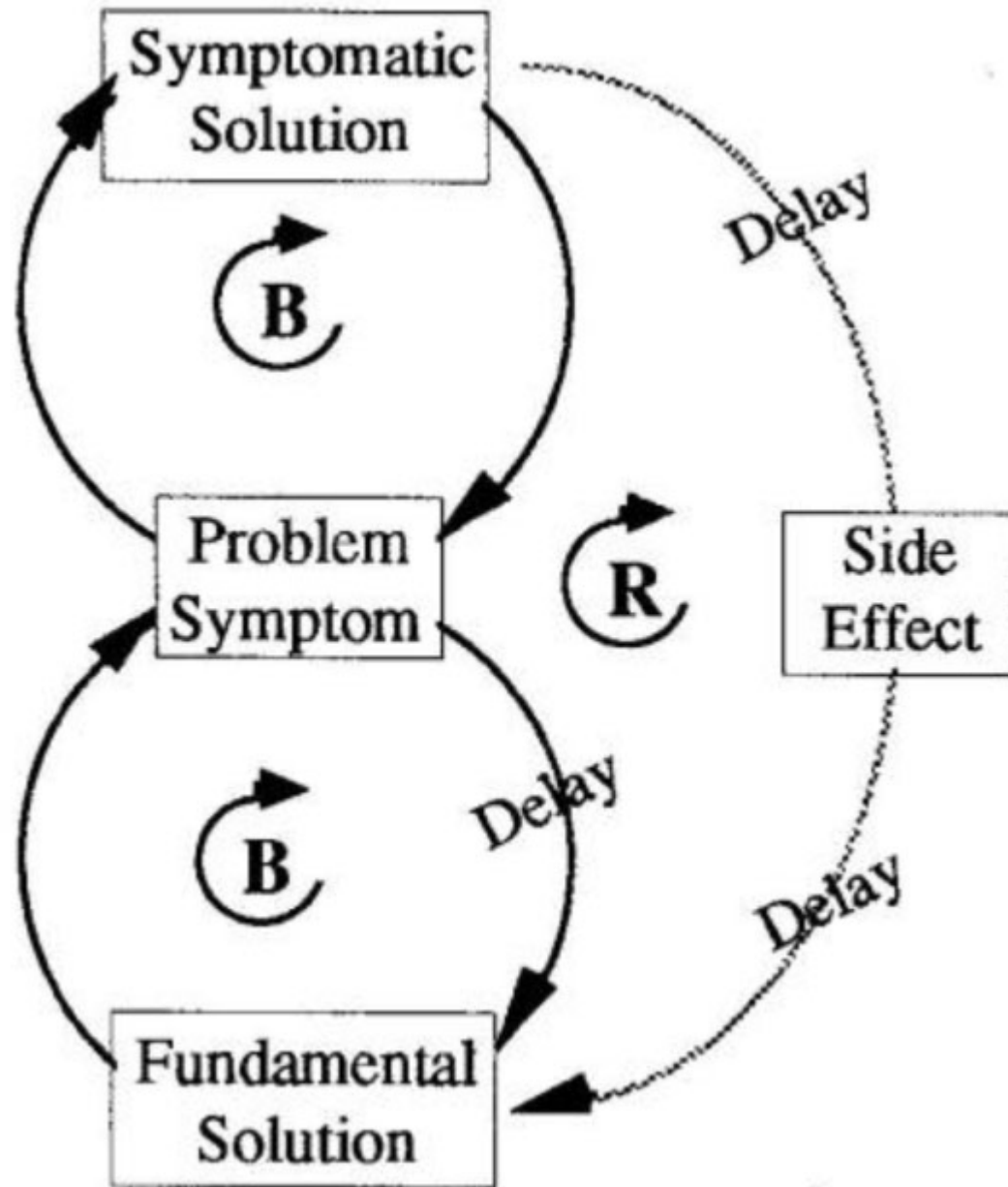
Actualizing Your Vision for SEY2KT

We envision ………

Community Building
What relationships within your community need to be developed?

Research
What indicators will let you know you are on the right track?

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Mandala created by Peter Senge and Mette Boell. Adapted by Jill Jensen and Karen Alvarez.

Shifting the Burden

Share a situation where shifting the burden may be at play?

What is the symptomatic solution?

What is keeping people from the fundamental solution?

Are there any side effects?

"Mental models are deeply held internal images of how the world works, images that limit us to familiar ways of thinking and acting. Very often, we are not consciously aware of our mental models or the effects they have on our behavior."

Peter Senge

Our experience

Our History

Our bias

Our Values

Our beliefs

Our judgements
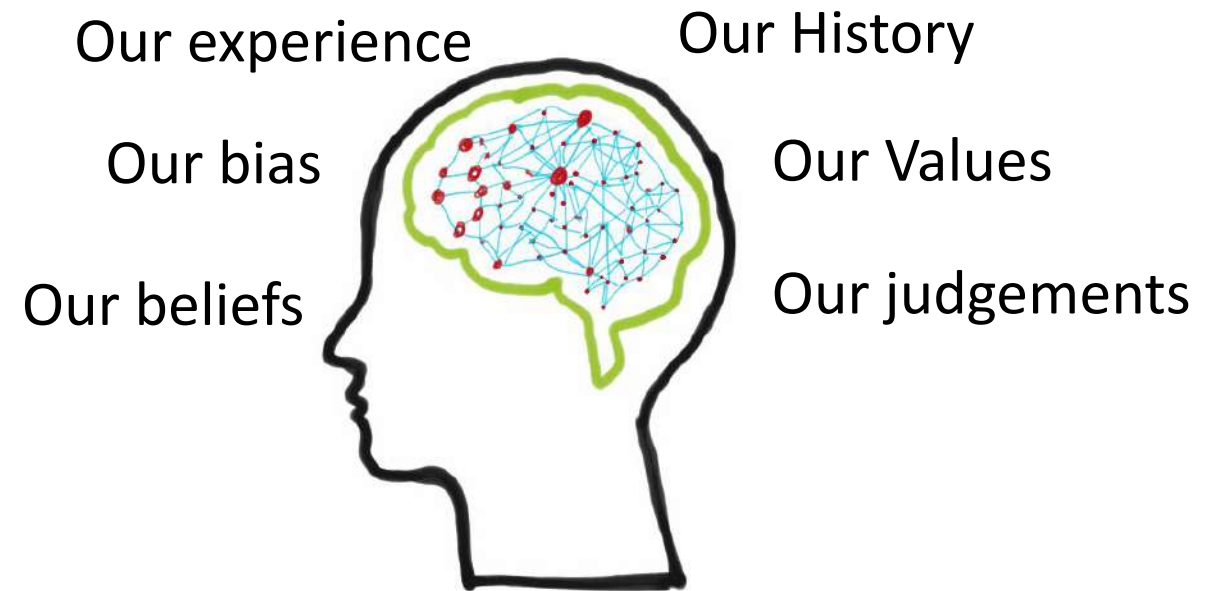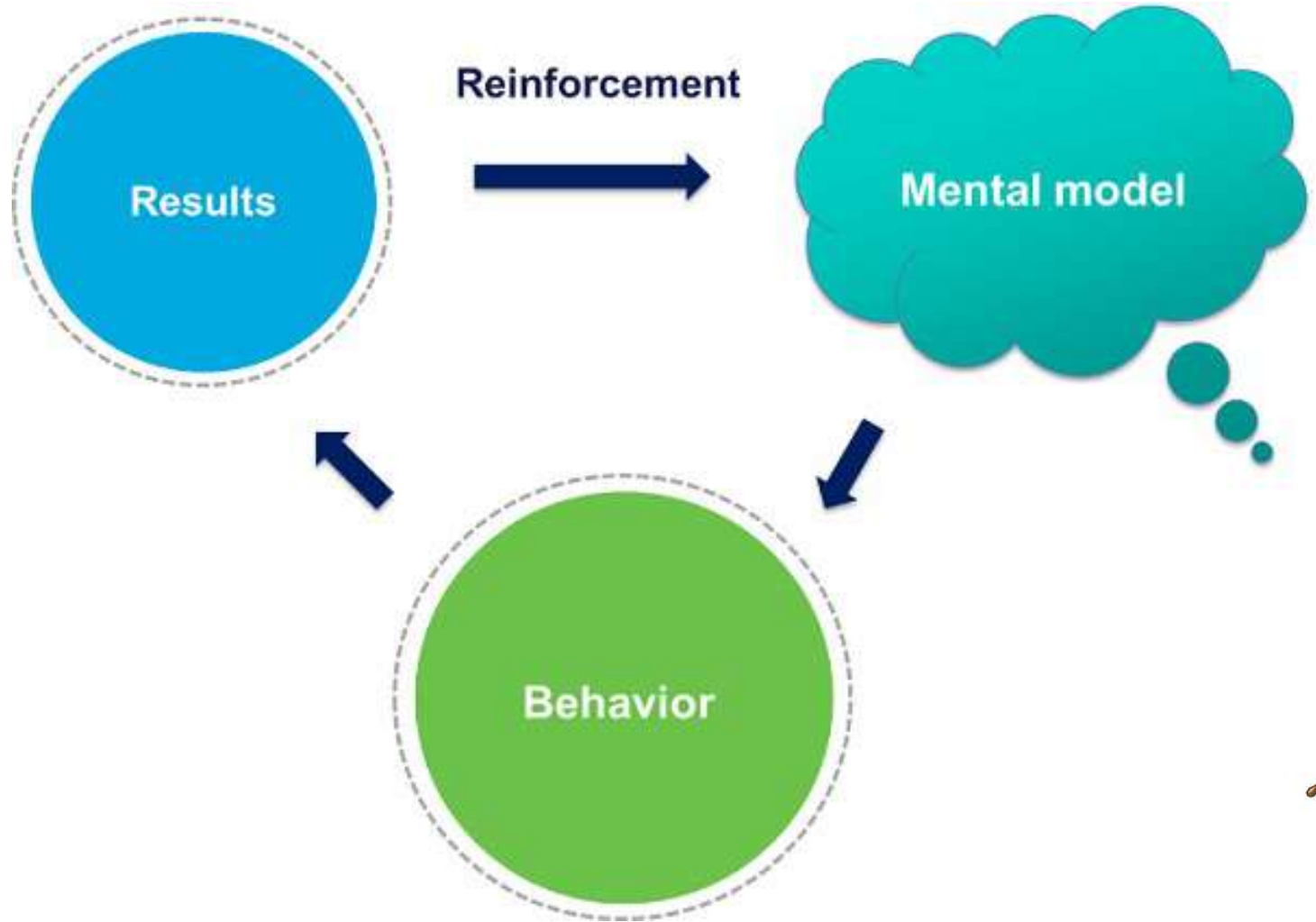
Shifting Mental Models *(Elena Aguilar)*

Greet the mental model with curiosity.

Where might this mental model have come from? What might be all the elements that contributed to its creation?

What's the impact of holding this mental model? What can and can't I do if I hold it? How has it served me to hold it, and what might be possible if it shifted?

Look for any and all evidence that the model might not be "true." Are there any exceptions to this rule? If the mindset is in someone else, remember that you can't *make* anyone change their beliefs, but you can make those beliefs unstable.

Commit to trying something new to test the mental model.

For Next Time

Is there an example of where your team might be shifting the burden?

Discuss the mental models that you hold in your team, and what kinds of mental models may facilitate more progress?

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February 13th, 2025
10:45 a.m. Pacific Time